

1. ADHD/Anxiety/Behavior Basic History

Medical professional interview

Name: _____

Birth date: _____ Today's date _____ Age: _____

Address: _____

City _____ State _____ Zip _____

Parent/Guardian

Mother _____ Father _____

Cell: _____ Home: _____

Other: _____

Email: _____

Previous Primary Physician: _____

Location _____

Phone: _____ Fax: _____

Other consultants: (e.g., neurologist, psychiatrist, psychologist, counselor, immunologist, their contact numbers and location) Name: _____ Location _____

Phone: _____ Fax _____

Insurance Company: _____ Insurance ID number: _____

Symptoms/Complaints/Concerns:

Family unit

Who lives in home: _____

Describe family dynamics/support system: _____

Second home? Y/N If so, who lives there? _____

PERINATAL HISTORY

Gestational age (weeks): _____ Birth weight _____ Birth length if known _____

Small for gestational age? Y / N. Large for gestational age? Y / N.

Problems with pregnancy? Y / N. Describe _____

Problems with delivery? Y / N _____

Problems at birth? Y / N. Describe _____

Problems in the newborn period Y / N? _____

INFANCY HISTORY

Problems in the first year of life? Y / N _____

Breast fed? Y / N. If so, how long _____

Colic/feeding intolerances _____

Other infancy problems _____

ALLERGY HISTORY

Food intolerances before onset of symptoms? Y / N. Food and reaction: _____

Intolerance/allergy to medicines. Y / N. Medicines and reactions: _____

Nasal allergy/hayfever/allergic rhinitis? Y / N. Allergic to what, if known? _____

Asthma requiring medicine every day Y / N? Asthma requiring medicines as needed? Y / N

Other allergies? Y / N to what and what reactions? _____

Allergy to (circle one or more): Animal/Pollen/other environmental allergies/none

Allergy symptoms: change since symptom onset (circle one) Increase / decrease / no change

CURRENT MEDICATIONS

Please include hormones, psychiatric, behavioral medications, infusions like IVIG or steroids, steroids, creams, topical, supplements, vitamins, herbal remedies, other over the counter meds like nonsteroidal anti-inflammatory meds like acetaminophen, naproxen, etc.

| Name | Dosage/interval | Date started | Ordering physician | Improved Symptoms | | |
|------|-----------------|--------------|--------------------|-------------------|----|-------|
| | | | | Yes | No | worse |
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PREVIOUS MEDICATIONS:

Please include hormones, psychiatric, behavioral medications, infusions like IVIG or steroids, steroids, creams, topical, supplements, vitamins, herbal remedies, other over the counter meds like nonsteroidal anti-inflammatory meds like acetaminophen, naproxen, etc.

| Name | Dosage/interval | Date started | Ordering physician | Improved Symptoms | | |
|------|-----------------|--------------|--------------------|-------------------|----|-------|
| | | | | Yes | No | worse |
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ABOUT HOW MANY LIFETIME COURSES OF ANTIBIOTICS WERE GIVEN BEFORE SYMPTOM ONSET _____

IMMUNIZATION REACTIONS

Any history of immunization reactions Y / N? If so,

INFLUENZA VACCINE: Y / N IM / INTRANASAL

date_____ Reaction:_____

Vaccine _____

date_____ Reaction:_____

Vaccine _____

date_____ Reaction:_____

Vaccine _____

date_____ Reaction:_____

INFECTIONS AND TRIGGERING FACTORS

Before onset, did child have more infections than siblings or peers? Yes / No

Since onset, has child had *more* infections than siblings or peers? Yes / No

Do symptoms often worsen a day or more *after* infections Yes / No

Are symptoms usually worse *during* infections_ Yes / No

Do symptoms often worsen 1-3 days *before* infections? Yes / No

Does stress increase symptoms? Yes / No

Do symptoms increase without an apparent cause? Yes / No

COURSE**Prior / Prodromal symptoms**

Months or years before onset, were there any similar, but milder past symptoms Y / N.

If yes, describe:

Onset and first month

Today's date: _____

Date of onset: _____ (nearest possible). Age at onset _____

Was onset abrupt/rapid? Gradual? Y / N. Always present Y / N.

If rapid, estimate time from first onset to worst symptoms: _____ (hours/days).

Inciting events preceding the onset (please check all that apply)

No preceding infection _____

Infections: Strep yes/ no Other infection _____

How long before the onset? _____

If Strep-associated onset (From Strep diagnosis table):

Definite / Probable / Possible / not Strep

Stress (e.g., starting school/family changes, etc.): _____

Description of the course

Estimate the total number of separate episodes lasting at least a week: (if not episodic, circle 1)

1 2 3 4-6 6-12

Course pattern (select one)

- ☐ Episodic with return to normal between episodes
- ☐ Episodic not returning to normal between episodes
- ☐ Not episodic
- ☐ Uncertain

Overall course (select one)

- ☐ increasing over time.
- ☐ improving over time.
- ☐ about the same level over time
- ☐ Uncertain

FAMILY HISTORY

| | <u>Primary:</u> Mother, Father, Brother, Sister. M F B, S | | | <u>Secondary:</u> Grandparent (MGM...) Aunt/uncle (MA...) Half-sibling (MHB...) | <u>More distant:</u> Cousin Great grandparent etc. |
|--|--|--|--|--|---|
| Symptoms similar to patient | | | | | |
| ADHD | | | | | |
| Obsessions / compulsions | | | | | |
| Hoarding | | | | | |
| Anxiety requiring treatment | | | | | |
| Separation anxiety | | | | | |
| Tics / Tourette's | | | | | |
| Other movement disorder | | | | | |
| | | | | | |
| Rages/Anger issues | | | | | |
| Excessive alcohol use | | | | | |
| Manic/depressive/bipolar | | | | | |
| Autism/schizophrenia | | | | | |
| Other personality disorders | | | | | |
| | | | | | |
| Chronic fatigue | | | | | |
| Fainting, POTS | | | | | |
| Fibromyalgia | | | | | |
| Anorexia nervosa | | | | | |
| Other eating disorder (eg bulimia) | | | | | |
| | | | | | |
| Any autoimmune illness | | | | | |
| Thyroid disorder (Hypo/hyper) | | | | | |
| Arthritis: joint pain, swelling, Stiffness, rheumatoid or juvenile arthritis | | | | | |
| Rheumatic fever | | | | | |
| Heart murmur | | | | | |
| Spondyloarthritis/back/ lower back pain | | | | | |
| Lupus | | | | | |
| Dermatomyositis | | | | | |
| Sjogren's | | | | | |
| Scleroderma | | | | | |
| Multiple sclerosis | | | | | |
| Myesthenia gravis | | | | | |
| | | | | | |
| ITP | | | | | |

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|-------------------------------------|--|--|--|--|--|
| Gullian-Barre Syndrome | | | | | |
| Celiac/gluten intolerance | | | | | |
| Type 1 diabetes | | | | | |
| Ulcerative colitis | | | | | |
| Regional enteritis, Crohn's disease | | | | | |
| Addison's Disease | | | | | |
| Unusual hair loss (alopecia) | | | | | |
| Psoriasis | | | | | |
| | | | | | |
| Allergies | | | | | |
| Hay fever | | | | | |
| Asthma | | | | | |
| Eczema | | | | | |
| Other sore throats | | | | | |
| Cough/bronchitis | | | | | |
| Staph/ skin infections | | | | | |
| Hospitalized for infection | | | | | |
| | | | | | |
| Immune deficiency disorder | | | | | |
| IV gamma globulin treatments | | | | | |
| | | | | | |
| Migraine headaches | | | | | |

SCHOOL / EDUCATION

Name of school _____

School Contact person _____ Phone _____

Grade level _____ Ever had to repeat a grade? _____ Grade _____ Year _____

Performance since onset (circle one):

at previous level, learning but slower, no progress, regression/loss of academic ability.Home schooling (circle one): none. Yes, because of symptoms. Yes, other reasons. Considering it.

Requires a special education setting or tutoring at school for major subjects because of symptoms: Y / N